Steps for Registration onto SWOL

All athletes must complete all areas and print where necessary

1. Go to [www.swol123.net](http://www.swol123.net)
2. Join Sportsware click this icon.
3. Once you do this it goes to another screen that asks: **The school ID which is sbcc.** Once you do this hit next
4. Next screen asks: First Name, Last Name and Email. **Please use your school pipeline email address**
5. **You will now wait to be accepted** (may take 24-48 hours depending on when you do it)
6. Through the email you used**, you will receive an email**. Open the email and click on the address highlighted in the email.
7. This will take you to the website again, put in your email address and hit reset password.
8. Next step is to put in your email and set a password and confirm your password.
9. Now go to swol123.net enter your email and password.
10. Go to the Med History tab (black tab at top) and open. **Answer the history questions, hit save**
11. **Go to the Print tab, print Med History.**
12. **Bring your Med History to physicals night or into the athletic training room with your completed physical.**

Filling out My Info Tab \*\*this must be complete to be able to compete!!\*\*

 **You must fill out the first 5 tabs under My Info**. All lines with a red asterisk\* must be filled out

 1.**General,**( note id is your K# please, do not put in your SS#)also, lower right please put

 Your sport in the box

 2.**Address**, put in local as well as your parents or primary address

 3.**Emergency**, must have 2 contacts

**4.Insurance**,fill in the areas and Upload your insurance card:

**Uploading** **Steps**: please take a picture / scan the front and back of your card. Email the picture of the insurance card to yourself. Open the email and save picture to your desktop. Return to sportsware and at the bottom left of the insurance screen select “Browse”. Find and select the picture of your insurance card hit the “open” button and then select “add”

**If**  you don’t have insurance you will need to state **“I do not have health insurance”**in the company name

 5.**Medical,** you MUST answer all questions even if it is a “no” or “NA”

 **You must hit save when finished**

If when you hit save if it does not take you back to the My Info page then there is some information missing and it will list what is still not filled out. All pages must be complete to be cleared.

On the main page you will be able to determine if you are cleared. If you believe you have filled everything out correctly and it still says “No” next to Cleared to Play please check with the athletic training staff. We are the only ones able to place a “YES” when you are cleared. You can’t compete without a “Yes” next to the **Cleared to Play** box. No exceptions!!!!